



Attention: PH&E Departments, Counsellors & School Administration

Are you looking for health education support for your new curriculum?

Did you know that the Safeteen Preteen and Level 1 Program, along with the Level 2 program meet many of the BC Physical & Health Education learning standards?

Would you like to book any 2017/18 Safeteen workshops?

We are offering early birds a 15% discount on 2017/18 Safeteen workshops confirmed before November 30, 2017!

Topics Covered – Secondary Level 1

- Non-violent communication
- Fear and anger management
- Verbal and body language skills
- Bullying - verbal violence prevention
- De-escalating potential violence
- Personal boundaries and consent
- Exclusion and gossip
- Signs of abuse
- Gender socialization and stereotypes
- Sexual harassment
- Sexual assault
- Girl-girl/guy-guy violence
- Physical self-defense skills (female-identified workshop only)
- “Stepping down” with dignity

Topics Covered – Secondary Level 2

- Identifying, building and respecting boundaries
- Healthy intimate relationships
- Breaking abusive patterns
- Identifying rape culture and victim blaming
- Online safety
- Impact of Pornography
- Realities and legalities of sexting and online harassment
- Internal and external self-harm

Workshop Details

- 2.5 - 3-hour block of time is needed.
- \$475 + GST per workshop, travel fees may apply.
- **Plus 15% off 2017/18 workshops confirmed before Nov 30, 2017!**
- Maximum capacity is 30 youth per workshop in private classrooms.
- Whiteboard, chalkboard or flip-chart is needed for the facilitator to use.
- Delivered to genders-specific groups. Youth may attend as they self-identify.
- Staff are not required to be in the room. If so, they must be of the same gender.

If you book Level 1 & 2 for the same grade within a school year, receive each Level 1 & 2 workshop at \$375 + GST, travel fees may apply.

Receive another 5% discount on all Safeteen programs, Secondary Level 1 & Level 2, Elementary Programs, Pro-D Trainings, & PAC Presentations if your district is part of our district pricing program.

“To teach our children how to stand up for themselves from a place of inner wisdom is the best prevention strategy of all.” – Anita Roberts