



Safeteen is Proud to Present - Level 2

The Power of Choice A Sexual Boundaries Workshop for Male Youth

We know most men, given the choice, choose non-violence. We know the young men we work with in this program, can choose to respect their own sexual boundaries and the sexual boundaries of the girls and women in their lives. This presentation offers them, ***The Power of Choice***.

Focus: In this workshop we will focus on supporting young men to look at how they have been socialized to live up to an impossible standard of masculinity. We will celebrate the good things about being guys while encouraging them to examine the alpha male stereotypes that are being sold to them by main-stream media and the Porn Industry. By examining male issues of sexuality and power, young men will be invited to step-up to the *authentic power* of personal choice and to step into their full humanity with dignity and courage.

In exploring these boundaries the youth will be invited to establish limits and refusal skills regarding drugs and alcohol, peer pressure, video games and other on-line activities such as on-line sharing of an inappropriate nature. One of the most pressing issues facing today's youth, the prevalence of pornography on line, will be addressed.

Safeteen is an internationally acclaimed program based on a unique assertiveness model that youth readily embrace. Utilizing a dynamic and experiential teaching style, Safeteen addresses adolescents on their own level, working with issues that are relevant to their everyday lives. With the Safeteen skills, teens can connect with the power and wisdom *within* and speak from an authentic place of strength. They can *hold their power and speak their truth*.

Workshop Time-Frame: 2.5 hrs.

***Safeteen Level 1 is a pre-requisite for this workshop**